



Week beginning 4th
Jan 2009



Happy New Year!!!

Welcome

What was the most, and the least refreshing and relaxing part of the Christmas Season for you.

Worship

At the start of a new year, it is good to refocus our minds and hearts on God and acknowledge that this year, and all it holds is his. Read Ephesians 1v3-14 together and use it as a prompt to worship God. Try to remain God focussed for some time before bringing our requests for 2010 to him. If you find it helpful to do this with music on, or over coffee...feel free!

Word

On Sunday, Dave introduced the 'Spiritual Fitness' fruit of the Spirit questionnaire. You can download as many of the questionnaires as you like from the church website. (www.bethanycitychurch.org) Discuss how you feel about doing this questionnaire, and work out how you could make the most use of it in both filling it in, learning from it and allowing the outcome to inform your walk with God. Pray for each other, that this year would be one of growing in Spiritual health and fitness.

