



Week beginning
18th Jan 2009



You're **not**
alone

Welcome

What is the most bizarre club or society you have ever heard of?
What society or association has the initials NPHTA (go on, use your imagination,
the funnier the better..!!)

Spend some time thanking God for the gospel. Use Philippians 2v 1-12 as a means of focussing on things to be thankful for. Share bread and wine together, emphasising that this is a remembrance that we have been instructed to do together!

Worship

We have been thinking recently about spiritual fitness in a community. Hebrews deals with the same issues, but using different language.

Read Hebrews 10v23-25

- What is the hope we profess we are to hold tightly too (look at the previous verses)?
- What does 'holding tightly to the hope' mean?

The writer to the Hebrews tells us twice to 'encourage each other'

- Why, and what might this look like for us in our cell group?
- 'Think of ways to encourage one another to outbursts of love and good deeds'...Well, go on!
- Do we find 'warning each another' easy or hard. Why? How can we do it better?
- Can we each think of areas where we have a tendency to need warning?

Continue to pray for Knowing and Growing and Living with Luke.

It would be good to pray for Haiti at this time. Pray for those suffering, those who have lost loved ones, homes or possessions. Pray for those serving in Haiti seeking to bring relief, support and rescue. Pray particularly for churches and other organisations seeking to bring people into contact with the gospel of love and compassion.

Witness